



BAMA Starts Regatta February 20, 2010

SAILING INSTRUCTIONS

Organizing Authority: RegattaPRO, a corporate member of US Sailing

This regatta is designed to give boats practice at starting. We will run as many starts as we can, with every third start being a "race" to the windward mark and back. This will allow you to see not only how close you were to the line at the gun, but also how your tactics at the start paid off at the windward mark. The windward mark will be approximately 1/4 nm upwind.

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The Prescriptions of US Sailing will apply.

2 VENUE

The intended racing venue will be Berkeley Circle. The starting area will be just west of XOC, which is located 1.0 nm due north of the end of the Berkeley pier ruins. It is a yellow can marked "XOC".

3 SCHEDULE

1130 hrs.	Warning Signal Division A	Crusing & Big Tri(Alpha Flag)
1135 hrs.	Warning Signal Division B	Farrier (Bravo Flag)

We will use the standard RRS 26 start sequence. For your first two starts you will turn around after 200 yards or so and return to the starting area. EVERY THIRD START YOU WILL SAIL TO THE WINDWARD MARK APPROXIMATELY 1/4 NM AWAY. These are not counting races, but will allow you to see how well your start paid off.

Please stay out of the way of the other fleet. We will be rolling starts to get in as many as we can. No start will be made after 1530.

4 SCORING

There will be no official scoring.

5 COMMUNICATION AND COACHING

RegattaPro personnel will communicate with all clinic participants on VHF channel **63** throughout the clinic. Keep your VHF radio close at hand to benefit from the coaching.

6 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. Neither the Organizing Authority nor Host Club will accept any liability for property damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.